ABSTRACT OF THE DISCLOSURE

The invention relates to a method of temporarily interrupting a computer system

(R), with an operating system and at least one application software package being able to

run on the computer system (R). In this case, software and/or software and hardware

drivers which do not have idle state support are ended before introduction of the idle state

(12). All the status data of the computer system (R) are recorded on a non-volatile

storage device (SM), said device being prepared for the running-up of the computer

system (R). The saved status data are taken into account during the system run-up (23),

and the software application not supporting the idle state is reloaded and started (26).